

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## johannes nelson

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #4

held at Cowhouse Market.

**TIME** 01:42:17

**PACE** 06:48/km

OVERALL 28 of 42

**GENDER** 21 of 25

**50 - 59** 3 of 3

06 August 2017, Sun

Date

